

Principles of Fitness and Training

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@inbook{American College of Sport Medicine_2014a, address={Baltimore, MD},
edition={9th rev. ed}, title={Health-Related Physical Fitness Testing and Interpretation},
booktitle={ACSM's guidelines for exercise testing and prescription}, publisher={Wolters
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@inbook{American College of Sport Medicine_2014b, address={Baltimore, MD},
edition={9th rev. ed}, title={Exercise Prescription for Patients with Cardiovascular and
Cerebrovascular Disease}, booktitle={ACSM's guidelines for exercise testing and
prescription}, publisher={Wolters Kluwer / Lippincott Williams and Wilkins Health},
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Diseases and Health Conditions}, booktitle={ACSM's guidelines for exercise testing and
prescription}, publisher={Wolters Kluwer / Lippincott Williams and Wilkins Health},
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publisher={Wolters Kluwer / Lippincott Williams and Wilkins Health}, author={American
College of Sport Medicine}, year={2014} }

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