

# Person-centred counselling

[View Online](#)

- 
1.  
Mearns, D., Thorne, B., McLeod, J.: Person-centred counselling in action. SAGE, London (2013).
  2.  
Purton, C.: Person-centred therapy: the focusing-oriented approach. Palgrave Macmillan, Houndmills (2004).
  3.  
Rogers, C.R.: On becoming a person: a therapist's view of psychotherapy. Houghton Mifflin, London (1961).
  4.  
Axline, V.M.: Dibs, in search of self: personality development in play therapy. Penguin, Harmondsworth (1971).
  5.  
Thorne, B.: Carl Rogers. Sage, London (1992).
  6.  
Mearns, D.: Person-centred counselling training. SAGE, London (1997).

7.

Barrett-Lennard, G.T.: Carl Roger's helping system: journey and substance. SAGE, London (1998).

8.

Bozarth, J.D.: Person-centred therapy: a revolutionary paradigm. PCCS Books, Ross-on-Wye (1998).

9.

Brazier, D.: Beyond Carl Rogers. London (1993).

10.

Temaner Brodley, B., Moon, K.A.: Practicing client-centered therapy: selected writings of Barbara Temaner Brodley. PCCS Books, Ross-on-Wye, Herefordshire (2011).

11.

Buchanan, L., Hughes, R.: Experiences of person-centred counselling training. PCCS Books, Ross-on-Wye (2000).

12.

Cain, D.J.: Classics in the person-centered approach. PCCS Books, Ross-on-Wye (2002).

13.

Cooper, M. ed: The handbook of person-centred psychotherapy & counselling. Palgrave Macmillan, Basingstoke, Hampshire (2013).

14.

Dryden, W.: Handbook of individual therapy. SAGE, London (2007).

15.

Fairhurst, I.: Women writing in the person-centred approach. PCCS Books, Ross-on-Wye (1999).

16.

Farber, B.A., Brink, D., Raskin, P.M.: The psychotherapy of Carl Rogers: cases and commentary. Guilford Press, New York (1996).

17.

Freeth, R.: Humanising psychiatry and mental health care: the challenge of the person-centred approach. Radcliffe, Abingdon (2007).

18.

Gaylin, N.L.: Family, self and psychotherapy: a person-centred perspective. PCCS Books, Ross-on-Wye (2001).

19.

Gerhardt, S.: Why love matters: how affection shapes a baby's brain. Routledge, Taylor & Francis Group, London (2015).

20.

Gillon, E.: Person-centred counselling psychology: an introduction. SAGE, Los Angeles, Calif (2007).

21.

House, R., Totton, N.: Implausible professions: arguments for pluralism and autonomy in psychotherapy and counselling. PCCS, Ross-on-Wye (2011).

22.

Joseph, S., Worsley, R.: Person-centred psychopathology: a positive psychology of mental

health. PCCS Books, Ross-on-Wye (2005).

23.

Keys, S.: Idiosyncratic person-centered therapy: from the personal to the universal. PCCS Books, Ross-on-Wye (2003).

24.

Henderson, V.L., Kirschenbaum, H.: Carl Rogers: dialogues: conversations with Martin Buber, Paul Tillich, B. F. Skinner, Gregory Bateson, Michael Polanyi, Rollo May, and others. Constable, London (1990).

25.

Rogers, C.R., Henderson, V.L., Kirschenbaum, H.: The Carl Rogers reader. Constable, London (1990).

26.

Kirschenbaum, H.: The life and work of Carl Rogers. PCCS, Ross-on-Wye (2007).

27.

Lago, C., MacMillan, M.: Experiences in relatedness: groupwork and the person-centred approach. PCCS, Ross-on-Wye (1999).

28.

Lago, C.: The handbook of transcultural counselling and psychotherapy. Open University Press, Maidenhead (2011).

29.

Levant, R.F., Shlien, J.M.: Client-centered therapy and the person-centred approach: new directions in theory, research, and practice. Praeger, Westport, CT (1987).

30.

Levitt, B.E.: Embracing non-directivity: reassessing person-centred theory and practice for the 21st century. PCCS Books, Ross-on-Wye (2005).

31.

McMillan, M.: The person-centred approach to therapeutic change. SAGE, London (2004).

32.

McLeod, J.: An introduction to counselling. Open University Press, McGraw Hill Education, Maidenhead, Berkshire (2013).

33.

Mearns, D., Dryden, W.: Experiences of counselling in action. Sage Publications, Newbury Park, Calif (1990).

34.

Mearns, D.: Developing person-centred counselling. SAGE, London (2003).

35.

Mearns, D., Thorne, B.: Person-centred therapy today: new frontiers in theory and practice. SAGE, London (2000).

36.

Mearns, D., Cooper, M.: Working at relational depth in counselling and psychotherapy. Sage, London (2005).

37.

Merry, T.: Learning and being in person-centred counselling. PCCS Books, Ross-on-Wye (2002).

38.

Merry, T.: Invitation to person-centred psychology. PCCS Books, Ross-on-Wye (2006).

39.

Merry, T.: Person-centred practice: The BAPCA reader. PCCS Books, Ross-on-Wye (2000).

40.

Moodley, R., Lago, C., Talahite, A.: Carl Rogers counsels a Black client: race and culture in client-centered counselling. PCCS Books, Ross-on-Wye (2004).

41.

Natiello, P.: The person-centred approach: a passionate presence. PCCS Books, Ross-on-Wye (2001).

42.

O'Leary, C.J.: Counselling couples and families: a person-centered approach. Sage Publications, London (1999).

43.

Patterson, C.H.: Understanding psychotherapy: fifty years of client-centred theory and practice. PCCS Books, Ross-on-Wye (2000).

44.

Pearce, P., Sommerbeck, L. eds: Person-centred practice at the difficult edge. PCCS Books, Ross-on-Wye (2014).

45.

Proctor, G.: The dynamics of power in counselling and psychotherapy: ethics, politics and practice. PCCS Books, Ross-on-Wye (2002).

46.

Proctor, G.: Politicizing the person-centred approach: an agenda for social change. PCCS Books, Ross-on-Wye (2006).

47.

Raskin, N.J.: Contributions to client-centered therapy and the person-centered approach. PCCS, Ross-on-Wye (2004).

48.

Rogers, C.R.: Client-centered therapy: its current practice, implications and theory. Constable, London (2003).

49.

Rogers, C.R.: Encounter groups. Penguin, Harmondsworth (1985).

50.

Rogers, C.R., Stevens, B.: Person to person: the problem of being human, a new trend in psychology. Souvenir Press, London (1973).

51.

Sanders, P.: The tribes of the person-centred nation: an introduction to the schools of therapy related to the person-centred approach. PCCS Books, Ross-on-Wye (2012).

52.

Sanders, P.: Person-centred therapy theory and practice in the 21st century. PCCS (2013).

53.

Sanders: Counselling for depression : a person-centred and experiential approach to practice. Sage (2014).

54.

Shlien, J.M.: To lead an honorable life: invitations to think about client-centred therapy and the person-centred approach : a collection of the work of John M. Shlien. PCCS Books, Ross-on-Wye (2003).

55.

Smyth, D.: Person-centred therapy with children and young people. SAGE, London (2013).

56.

Sommerbeck, L.: The client-centred therapist in psychiatric contexts: a therapists' guide to the psychiatric landscape and its inhabitants. PCCS, Ross-on-Wye (2003).

57.

Thorne, B., Dryden, W.: Counselling: interdisciplinary perspectives. Open University Press, Milton Keynes (1993).

58.

Thorne, B., Lambers, E.: Person-centred therapy: a European perspective. SAGE, London (1998).

59.

Tudor, L.E.: The person-centred approach: a contemporary introduction. Palgrave Macmillan, Basingstoke (2004).

60.



Tudor, K.: Brief person-centred therapies. SAGE, Los Angeles (2008).

61.

Tudor, K., Merry, T.: Dictionary of person-centred psychology. PCCS, Ross-on-Wye (2006).

62.

Worsley, R., Joseph, S.: Person-centred practice: case studies in positive psychology. PCCS Books, Ross-On-Wye (2007).

63.

Worsley, R.: Process work in person-centred therapy. Palgrave Macmillan, Basingstoke (2009).

64.

Wilkins, P.: Person-centred therapy in focus. SAGE, London (2003).

65.

Bozarth, J.D., Wilkins, P.: Unconditional positive regard (Rogers' therapeutic conditions). PCCS Books, Ross-on-Wye (2001).

66.

Haugh, S., Merry, T.: Empathy (Rogers' therapeutic conditions). PCCS Books, Ross-on-Wye (2001).

67.

Wyatt, G.: Congruence (Rogers' therapeutic conditions). PCCS Books, Ross-on-Wye (2001).

68.

Wyatt, G., Sanders, P.: Contact and perception (Rogers' therapeutic conditions). PCCS Books, Ross-on-Wye (2002).

69.

Yalom, I.D.: Love's executioner and other tales of psychotherapy. BasicBooks, New York (2012).

70.

Yalom, I.D.: The gift of therapy: reflections on being a therapist. Piatkus, London (2001).

71.

Gendlin, E.T.: Focusing. Bantam Books, New York (1981).

72.

Gendlin, E.T.: Focusing-oriented psychotherapy: a manual of the experiential method. Guildford Press, New York (1996).

73.

Rennie, D.L.: Person-centred counselling: an experiential approach. Sage, London (1998).

74.

Cooper, M.: Essential research findings in counselling and psychotherapy: the facts are friendly. SAGE, Los Angeles, Calif (2008).

75.

Cooper, M.: Person-centered and experiential therapies work: a review of the research on counseling, psychotherapy and related practices. PCCS Books, Ross-on-Wye (2010).

76.

McLeod, J.: Qualitative research in counselling and psychotherapy. SAGE, London (2011).

77.

McLeod, J.: Doing research in counselling and psychotherapy. SAGE, London (2015).

78.

McLeod, J.: An introduction to counselling and psychotherapy research. SAGE, Los Angeles (2013).

79.

Moustakas, C.E.: Heuristic research: design, methodology, and applications. Sage Publications, Newbury Park (1990).

80.

Wilkins, P., Mitchell-Williams, Z.: 'The Theory and Experience of Person-Centred Research' [in] Client-centered and experiential psychotherapy in the 21st century: advances in theory, research and practice. In: Client-centered and experiential psychotherapy in the 21st century: advances in theory, research and practice. PCCS Books, Ross-on-Wye (2002).

81.

Hinterkopf, E.: Integrating spirituality in counseling: a manual for using the experiential focusing method. PCCS Books, Ross-on-Wye (2008).

82.

King-Spooner, S., Newnes, C.: Spirituality and psychotherapy. PCCS Books, Ross-on-Wye (2001).

83.

May, R.M.: Physicians of the soul: the psychologies of the world's great spiritual teachers. White Cloud Press, Ashland, OR (2003).

84.

Moore, J., Purton, C.: Spirituality and counselling: experiential and theoretical perspectives. PCCS, Ross-on-Wye (2006).

85.

Thorne, B.: Person-centred counselling and Christian spirituality: the secular and the holy. Whurr, London (1998).

86.

Thorne, B.: The mystical power of person-centred therapy: hope beyond despair. Whurr, London (2002).

87.

Thorne, B.: Counselling and spiritual accompaniment: bridging faith and person-centred therapy. Wiley-Blackwell, Chichester (2012).

88.

Upjohn, S.: In search of Julian of Norwich. Morehouse Pub. Co, Harrisburg, PA (2007).

89.

West, W.: Psychotherapy and spirituality: crossing the line between therapy and religion. Sage Publications, London (2000).

90.

West, W.: Spiritual issues in therapy: relating experience to practice. Palgrave Macmillan, Basingstoke (2004).

91.

Bryant-Jefferies, R.: Person-centred counselling supervision: personal and professional. Radcliffe, Oxford (2005).

92.

Dryden, W., Thorne, B.: Training and supervision for counselling in action. Sage, London (1991).

93.

Tudor, K., Worrall, M.: Freedom to practise: person-centred approaches to supervision. PCCS Books, Ross-on-Wye (2004).

94.

Lewis, V., Cureton, S.: Chapter 11 - 'Controlled bodies, controlled eating: the treatment of eating distress' [in] This is madness too: critical perspectives on mental health services. In: This is madness too: critical perspectives on mental health services. PCCS, Ross-on-Wye (2005).

95.

British Association for the Person-Centred Approach., Rowland, B.: Depressed process : a person-centred view of depression [in] Person-centred practice. Person-centred practice. 1, 27-37 (2002).

96.

Hill, A.: Counselling for depression [in] The tribes of the person-centred nation: an introduction to the schools of therapy related to the person-centred approach. In: The tribes of the person-centred nation: an introduction to the schools of therapy related to the person-centred approach. PCCS Books, Ross-on-Wye (2012).

97.

Natiello, P.: Chapter 12: Healing the wounds of sexism for men and women [in] The

person-centred approach: a passionate presence. In: The person-centred approach: a passionate presence. PCCS Books, Ross-on-Wye (2001).

98.

Rogers, C.R., Henderson, V.L., Kirschenbaum, H.: The Necessary and Sufficient Conditions of Therapeutic Personality Change [in] The Carl Rogers reader. In: The Carl Rogers reader. Constable, London (1990).

99.

Rogers, C.R.: Chapter 2 - The process of the encounter group [in] Encounter groups. In: Encounter groups. Penguin, Harmondsworth (1985).

100.

Kübler-Ross, E., Elliott, M.P., Furth, G.M.: Chapter 4 - The issue of sudden death [in] Living with death and dying. In: Living with death and dying. Souvenir, London (2001).

101.

Rogers, C.R.: Chapter 11 - Client-centred therapy [in] Psychotherapist's casebook. In: Psychotherapist's casebook. Jossey-Bass, San Francisco (1986).

102.

Schmid, P., O'Hara, M.: Group Therapy and Encounter Groups (Chapter 8) [in] The handbook of person-centred psychotherapy and counselling. In: The handbook of person-centred psychotherapy and counselling. Palgrave Macmillan, Basingstoke (2007).

103.

Thorne, B.: The person-centred approach to large groups [in] Person-centred counselling: therapeutic and spiritual dimensions. In: Person-centred counselling: therapeutic and spiritual dimensions. Whurr, London (1991).

104.

Fairhurst, I., Merry, T.: Group work in client-centred counsellor training [in] Experiences in relatedness: groupwork and the person-centred approach. In: Experiences in relatedness: groupwork and the person-centred approach. PCCS, Ross-on-Wye (1999).

105.

Sanders, P., Tudor, K.: Chapter 14 - 'This is therapy : a person-centred critique of the contemporary psychiatric system' [in] This is madness too: critical perspectives on mental health services. In: This is madness too: critical perspectives on mental health services. PCCS, Ross-on-Wye (2005).

106.

Sommerbeck, L.: Patients diagnosed with psychotic depression [in] The client-centred therapist in psychiatric contexts: a therapists' guide to the psychiatric landscape and its inhabitants. In: The client-centred therapist in psychiatric contexts: a therapists' guide to the psychiatric landscape and its inhabitants. PCCS, Ross-on-Wye (2003).

107.

Barrett-Lennard, G.T.: Experiential groups for discovery learning: deciphering the process [in] Steps on a mindful journey: person-centred expressions. In: Steps on a mindful journey: person-centred expressions. PCCS, Ross-on-Wye (2003).

108.

Catterall, E.: Extract from chapter 14 which includes "An explanation of postnatal depression from the person-centred theoretical perspective " [in] Person-centred psychopathology: a positive psychology of mental health. In: Person-centred psychopathology: a positive psychology of mental health. pp. 210–225. PCCS Books, Ross-on-Wye (2005).

109.

Merry, T.: Supervision (Chapter 9) [in] Learning and being in person-centred counselling. In: Learning and being in person-centred counselling. PCCS Books, Ross-on-Wye (2002).

110.

Worden, J.W.: Chapter 5: 'Abnormal Grief Reactions: complicated Mourning' [in] Grief counselling and grief therapy: a handbook for the mental health practitioner. In: Grief counselling and grief therapy: a handbook for the mental health practitioner. Routledge, Hove (2010).

111.

Lambers, E.: Chapter 25 - The person-centred perspective on psychopathology: the neurotic client [in] Developing person-centred counselling. In: Developing person-centred counselling. SAGE, London (2003).

112.

Barrett-Lennard, G.T.: Group encounter and therapy [in] Carl Roger's helping system: journey and substance. In: Carl Roger's helping system: journey and substance. SAGE, London (1998).

113.

Mearns, D., Thorne, B., Lambers, E., Warner, M.: Chapter 8 - 'Person-centred therapy at the difficult edge : a developmentally based model of fragile and dissociated process' [in] Person-centred therapy today: new frontiers in theory and practice. In: Person-centred therapy today: new frontiers in theory and practice. SAGE, London (2000).