# Person-centred counselling



1

Mearns D, Thorne B, McLeod J. Person-centred counselling in action. 4th ed. London: : SAGE 2013.

## 2

Purton C. Person-centred therapy: the focusing-oriented approach. Houndmills: : Palgrave Macmillan 2004.

#### 3

Rogers CR. On becoming a person: a therapist's view of psychotherapy. London: : Houghton Mifflin 1961.

## 4

Axline VM. Dibs, in search of self: personality development in play therapy. Harmondsworth: : Penguin 1971.

5

Thorne B. Carl Rogers. London: : Sage 1992.

6

Mearns D. Person-centred counselling training. London: : SAGE 1997. http://www.uea.eblib.com/patron/FullRecord.aspx?p=465116

Barrett-Lennard GT. Carl Roger's helping system: journey and substance. London: : SAGE 1998. http://uea.eblib.com/patron/FullRecord.aspx?p=1024106

8

Bozarth JD. Person-centred therapy: a revolutionary paradigm. Ross-on-Wye: : PCCS Books 1998.

9

Brazier D. Beyond Carl Rogers. London 1993.

#### 10

Temaner Brodley B, Moon KA. Practicing client-centered therapy: selected writings of Barbara Temaner Brodley. Ross-on-Wye, Herefordshire: : PCCS Books 2011.

## 11

Buchanan L, Hughes R. Experiences of person-centred counselling training. Ross-on-Wye: : PCCS Books 2000.

12

Cain DJ. Classics in the person-centered approach. Ross-on-Wye: : PCCS Books 2002.

13

Cooper M, editor. The handbook of person-centred psychotherapy & counselling. Second edition. Basingstoke, Hampshire: : Palgrave Macmillan 2013.

## 14

Dryden W. Handbook of individual therapy. 5th ed. London: : SAGE 2007.

Fairhurst I. Women writing in the person-centred approach. Ross-on-Wye: : PCCS Books 1999.

## 16

Farber BA, Brink D, Raskin PM. The psychotherapy of Carl Rogers: cases and commentary. New York: : Guilford Press 1996.

## 17

Freeth R. Humanising psychiatry and mental health care: the challenge of the person-centred approach. Abingdon: : Radcliffe 2007. http://lib.myilibrary.com/browse/open.asp?id=82416&entityid=https://login.uea.ac.uk/entit y

## 18

Gaylin NL. Family, self and psychotherapy: a person-centred perspective. Ross-on-Wye: : PCCS Books 2001.

## 19

Gerhardt S. Why love matters: how affection shapes a baby's brain. Second edition. London: : Routledge, Taylor & Francis Group 2015.

## 20

Gillon E. Person-centred counselling psychology: an introduction. Los Angeles, Calif: : SAGE 2007. http://www.uea.eblib.com/patron/FullRecord.aspx?p=354873

## 21

House R, Totton N. Implausible professions: arguments for pluralism and autonomy in psychotherapy and counselling. Extended 2nd ed. Ross-on-Wye: : PCCS 2011.

Joseph S, Worsley R. Person-centred psychopathology: a positive psychology of mental health. Ross-on-Wye: : PCCS Books 2005.

## 23

Keys S. Idiosyncratic person-centered therapy: from the personal to the universal. Ross-on-Wye: : PCCS Books 2003.

## 24

Henderson VL, Kirschenbaum H. Carl Rogers: dialogues: conversations with Martin Buber, Paul Tillich, B. F. Skinner, Gregory Bateson, Michael Polanyi, Rollo May, and others. London: : Constable 1990.

## 25

Rogers CR, Henderson VL, Kirschenbaum H. The Carl Rogers reader. London: : Constable 1990.

## 26

Kirschenbaum H. The life and work of Carl Rogers. Ross-on-Wye: : PCCS 2007.

## 27

Lago C, MacMillan M. Experiences in relatedness: groupwork and the person-centred approach. Ross-on-Wye: : PCCS 1999.

#### 28

Lago C. The handbook of transcultural counselling and psychotherapy. Maidenhead: : Open University Press 2011. http://uea.eblib.com/patron/FullRecord.aspx?p=863809

## 29

Levant RF, Shlien JM. Client-centered therapy and the person-centred approach: new

directions in theory, research, and practice. Westport, CT: : Praeger 1987.

### 30

Levitt BE. Embracing non-directivity: reassessing person-centred theory and practice for the 21st century. Ross-on-Wye: : PCCS Books 2005.

## 31

McMillan M. The person-centred approach to therapeutic change. London: : SAGE 2004. http://www.uea.eblib.com/patron/FullRecord.aspx?p=370536

## 32

McLeod J. An introduction to counselling. Fifth edition. Maidenhead, Berkshire: : Open University Press, McGraw Hill Education 2013.

## 33

Mearns D, Dryden W. Experiences of counselling in action. Newbury Park, Calif: : Sage Publications 1990.

## 34

Mearns D. Developing person-centred counselling. 2nd ed. London: : SAGE 2003. http://uea.eblib.com/patron/FullRecord.aspx?p=254644

## 35

Mearns D, Thorne B. Person-centred therapy today: new frontiers in theory and practice. London: : SAGE 2000.

#### 36

Mearns D, Cooper M. Working at relational depth in counselling and psychotherapy. London: : Sage 2005.

Merry T. Learning and being in person-centred counselling. 2nd ed. Ross-on-Wye: : PCCS Books 2002.

## 38

Merry T. Invitation to person-centred psychology. [New ed.]. Ross-on-Wye: : PCCS Books 2006.

## 39

Merry T. Person-centred practice: The BAPCA reader. Ross-on-Wye: : PCCS Books 2000.

## 40

Moodley R, Lago C, Talahite A. Carl Rogers counsels a Black client: race and culture in client-centered counselling. Ross-on-Wye: : PCCS Books 2004.

## 41

Natiello P. The person-centred approach: a passionate presence. Ross-on-Wye: : PCCS Books 2001.

## 42

O'Leary CJ. Counselling couples and families: a person-centered approach. London: : Sage Publications 1999. http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=518763&authtype=ss o&custid=s8993828&site=ehost-live

## 43

Patterson CH. Understanding psychotherapy: fifty years of client-centred theory and practice. Ross-on-Wye: : PCCS Books 2000.

Pearce P, Sommerbeck L, editors. Person-centred practice at the difficult edge. Ross-on-Wye: : PCCS Books 2014.

## 45

Proctor G. The dynamics of power in counselling and psychotherapy: ethics, politics and practice. Ross-on-Wye: : PCCS Books 2002.

## 46

Proctor G. Politicizing the person-centred approach: an agenda for social change. Ross-on-Wye: : PCCS Books 2006.

## 47

Raskin NJ. Contributions to client-centered therapy and the person-centered approach. Ross-on-Wye: : PCCS 2004.

## 48

Rogers CR. Client-centered therapy: its current practice, implications and theory. London: : Constable 2003.

## 49

Rogers CR. Encounter groups. Harmondsworth: : Penguin 1985.

## 50

Rogers CR, Stevens B. Person to person: the problem of being human, a new trend in psychology. London: : Souvenir Press 1973.

## 51

Sanders P. The tribes of the person-centred nation: an introduction to the schools of therapy related to the person-centred approach. 2nd ed. Ross-on-Wye: : PCCS Books 2012.

Sanders P. Person-centred therapy theory and practice in the 21st century. PCCS 2013.

## 53

Sanders. Counselling for depression : a person-centred and experiential approach to practice. Sage 2014.

## 54

Shlien JM. To lead an honorable life: invitations to think about client-centred therapy and the person-centred approach : a collection of the work of John M. Shlien. Ross-on-Wye: : PCCS Books 2003.

## 55

Smyth D. Person-centred therapy with children and young people. London: : SAGE 2013.

## 56

Sommerbeck L. The client-centred therapist in psychiatric contexts: a therapists' guide to the psychiatric landscape and its inhabitants. Ross-on-Wye: : PCCS 2003.

## 57

Thorne B, Dryden W. Counselling: interdisciplinary perspectives. Milton Keynes: : Open University Press 1993.

## 58

Thorne B, Lambers E. Person-centred therapy: a European perspective. London: : SAGE 1998. http://lib.myilibrary.com/browse/open.asp?id=226257&entityid=https://login.uea.ac.uk/ent ity

Tudor LE. The person-centred approach: a contemporary introduction. Basingstoke: : Palgrave Macmillan 2004.

#### 60

Tudor K. Brief person-centred therapies. 1st ed. Los Angeles: : SAGE 2008. http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=309853&authtype=ss o&custid=s8993828&site=ehost-live

#### 61

Tudor K, Merry T. Dictionary of person-centred psychology. Ross-on-Wye: : PCCS 2006.

62

Worsley R, Joseph S. Person-centred practice: case studies in positive psychology. Ross-On-Wye: : PCCS Books 2007.

#### 63

Worsley R. Process work in person-centred therapy. 2nd ed. Basingstoke: : Palgrave Macmillan 2009.

## 64

Wilkins P. Person-centred therapy in focus. London: : SAGE 2003. http://lib.myilibrary.com/browse/open.asp?id=419294&entityid=https://login.uea.ac.uk/ent ity

#### 65

Bozarth JD, Wilkins P. Unconditional positive regard (Rogers' therapeutic conditions). Ross-on-Wye: : PCCS Books 2001. Haugh S, Merry T. Empathy (Rogers' therapeutic conditions). Ross-on-Wye: : PCCS Books 2001.

## 67

Wyatt G. Congruence (Rogers' therapeutic conditions). Ross-on-Wye: : PCCS Books 2001.

## 68

Wyatt G, Sanders P. Contact and perception (Rogers' therapeutic conditions). Ross-on-Wye: : PCCS Books 2002.

## 69

Yalom ID. Love's executioner and other tales of psychotherapy. New ed. New York: : BasicBooks 2012.

## 70

Yalom ID. The gift of therapy: reflections on being a therapist. London: : Piatkus 2001.

## 71

Gendlin ET. Focusing. 2nd ed. New York: : Bantam Books 1981.

## 72

Gendlin ET. Focusing-oriented psychotherapy: a manual of the experiential method. New York: : Guildford Press 1996.

## 73

Rennie DL. Person-centred counselling: an experiential approach. London: : Sage 1998. http://www.uea.eblib.com/patron/FullRecord.aspx?p=343948

Cooper M. Essential research findings in counselling and psychotherapy: the facts are friendly. Los Angeles, Calif: : SAGE 2008.

## 75

Cooper M. Person-centered and experiential therapies work: a review of the research on counseling, psychotherapy and related practices. Ross-on-Wye: : PCCS Books 2010.

## 76

McLeod J. Qualitative research in counselling and psychotherapy. 2nd ed. London: : SAGE 2011.

## 77

McLeod J. Doing research in counselling and psychotherapy. Third edition. London: : SAGE 2015.

## 78

McLeod J. An introduction to counselling and psychotherapy research. Los Angeles: : SAGE 2013.

## 79

Moustakas CE. Heuristic research: design, methodology, and applications. Newbury Park: : Sage Publications 1990.

## 80

Wilkins P, Mitchell-Williams Z. 'The Theory and Experience of Person-Centred Research' [in] Client-centered and experiential psychotherapy in the 21st century: advances in theory, research and practice. In: Client-centered and experiential psychotherapy in the 21st century: advances in theory, research and practice. Ross-on-Wye: : PCCS Books 2002.

Hinterkopf E. Integrating spirituality in counseling: a manual for using the experiential focusing method. [New ed.]. Ross-on-Wye: : PCCS Books 2008.

## 82

King-Spooner S, Newnes C. Spirituality and psychotherapy. Ross-on-Wye: : PCCS Books 2001.

## 83

May RM. Physicians of the soul: the psychologies of the world's great spiritual teachers. Ashland, OR: : White Cloud Press 2003.

## 84

Moore J, Purton C. Spirituality and counselling: experiential and theoretical perspectives. Ross-on-Wye: : PCCS 2006.

## 85

Thorne B. Person-centred counselling and Christian spirituality: the secular and the holy. London: : Whurr 1998.

## 86

Thorne B. The mystical power of person-centred therapy: hope beyond despair. London: : Whurr 2002.

## 87

Thorne B. Counselling and spiritual accompaniment: bridging faith and person-centred therapy. Chichester: : Wiley-Blackwell 2012. http://uea.eblib.com/patron/FullRecord.aspx?p=991770

88

Upjohn S. In search of Julian of Norwich. Harrisburg, PA: : Morehouse Pub. Co 2007.

## 89

West W. Psychotherapy and spirituality: crossing the line between therapy and religion. London: : Sage Publications 2000.

http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=518794&authtype=ss o&custid=s8993828&site=ehost-live

## 90

West W. Spiritual issues in therapy: relating experience to practice. Basingstoke: : Palgrave Macmillan 2004.

http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=137517&authtype=ss o&custid=s8993828&site=ehost-live

## 91

Bryant-Jefferies R. Person-centred counselling supervision: personal and professional. Oxford: : Radcliffe 2005.

## 92

Dryden W, Thorne B. Training and supervision for counselling in action. London: : Sage 1991.

http://lib.myilibrary.com/browse/open.asp?id=255909&entityid=https://login.uea.ac.uk/ent ity

## 93

Tudor K, Worrall M. Freedom to practise: person-centred approaches to supervision. Ross-on-Wye: : PCCS Books 2004.

## 94

Lewis V, Cureton S. Chapter 11 - 'Controlled bodies, controlled eating: the treatment of eating distress' [in] This is madness too: critical perspectives on mental health services. In: This is madness too: critical perspectives on mental health services. Ross-on-Wye: : PCCS 2005.

British Association for the Person-Centred Approach., Rowland B. Depressed process : a person-centred view of depression [in] Person-centred practice. Person-centred practice 2002;1

:27-37.http://search.ebscohost.com/login.aspx?direct=true&db=cat01883a&AN=uea.0030 30259&authtype=sso&custid=s8993828&site=ehost-live

## 96

Hill A. Counselling for depression [in] The tribes of the person-centred nation: an introduction to the schools of therapy related to the person-centred approach. In: The tribes of the person-centred nation: an introduction to the schools of therapy related to the person-centred approach. Ross-on-Wye: : PCCS Books 2012.

## 97

Natiello P. Chapter 12: Healing the wounds of sexism for men and women [in] The person-centred approach: a passionate presence. In: The person-centred approach: a passionate presence. Ross-on-Wye: : PCCS Books 2001.

## 98

Rogers CR, Henderson VL, Kirschenbaum H. The Necessary and Sufficient Conditions of Therapeutic Personality Change [in] The Carl Rogers reader. In: The Carl Rogers reader. London: : Constable 1990.

#### 99

Rogers CR. Chapter 2 - The process of the encounter group [in] Encounter groups. In: Encounter groups. Harmondsworth: : Penguin 1985.

## 100

Kübler-Ross E, Elliott MP, Furth GM. Chapter 4 - The issue of sudden death [in] Living with death and dying. In: Living with death and dying. London: : Souvenir 2001.

Rogers CR. Chapter 11 - Client-centred therapy [in] Psychotherapist's casebook. In: Psychotherapist's casebook. San Francisco: : Jossey-Bass 1986.

## 102

Schmid P, O'Hara M. Group Therapy and Encounter Groups (Chapter 8) [in] The handbook of person-centred psychotherapy and counselling. In: The handbook of person-centred psychotherapy and counselling. Basingstoke: : Palgrave Macmillan 2007.

## 103

Thorne B. The person-centred approach to large groups [in] Person-centred counselling: therapeutic and spiritual dimensions. In: Person-centred counselling: therapeutic and spiritual dimensions. London: : Whurr 1991.

## 104

Fairhurst I, Merry T. Group work in client-centred counsellor training [in] Experiences in relatedness: groupwork and the person-centred approach. In: Experiences in relatedness: groupwork and the person-centred approach. Ross-on-Wye: : PCCS 1999.

## 105

Sanders P, Tudor K. Chapter 14 - 'This is therapy : a person-centred critique of the contemporary psychiatric system' [in] This is madness too: critical perspectives on mental health services. In: This is madness too: critical perspectives on mental health services. Ross-on-Wye: : PCCS 2005.

## 106

Sommerbeck L. Patients diagnosed with psychotic depression [in] The client-centred therapist in psychiatric contexts: a therapists' guide to the psychiatric landscape and its inhabitants. In: The client-centred therapist in psychiatric contexts: a therapists' guide to the psychiatric landscape and its inhabitants. Ross-on-Wye: : PCCS 2003.

## 107

Barrett-Lennard GT. Experiential groups for discovery learning: deciphering the process [in] Steps on a mindful journey: person-centred expressions. In: Steps on a mindful journey: person-centred expressions. Ross-on-Wye: : PCCS 2003.

Catterall E. Extract from chapter 14 which includes "An explanation of postnatal depression from the person-centred theoretical perspective " [in] Person-centred psychopathology: a positive psychology of mental health. In: Person-centred psychopathology: a positive psychology of mental health. Ross-on-Wye: : PCCS Books 2005. 210–25.

## 109

Merry T. Supervision (Chapter 9) [in] Learning and being in person-centred counselling. In: Learning and being in person-centred counselling. Ross-on-Wye: : PCCS Books 2002.

## 110

Worden JW. Chapter 5: 'Abnormal Grief Reactions: complicated Mourning' [in] Grief counselling and grief therapy: a handbook for the mental health practitioner. In: Grief counselling and grief therapy: a handbook for the mental health practitioner. Hove: : Routledge 2010.

## 111

Lambers E. Chapter 25 - The person-centred perspective on psychopathology: the neurotic client [in] Developing person-centred counselling. In: Developing person-centred counselling. London: : SAGE 2003. http://uea.eblib.com/patron/FullRecord.aspx?p=254644

## 112

Barrett-Lennard GT. Group encounter and therapy [in] Carl Roger's helping system: journey and substance. In: Carl Roger's helping system: journey and substance. London: : SAGE 1998. http://uea.eblib.com/patron/FullRecord.aspx?p=1024106

## 113

Mearns D, Thorne B, Lambers E, et al. Chapter 8 - 'Person-centred therapy at the difficult edge : a developmentally based model of fragile and dissociated process' [in] Person-centred therapy today: new frontiers in theory and practice. In: Person-centred therapy today: new frontiers in theory and practice. London: : SAGE 2000.